



# common decision-making strategies

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## **spontaneity**

Choosing the first option that comes to mind; giving little or no consideration to the consequences of the choice.

## **compliance**

Going along with family, school, work, or peer expectations.

## **procrastination**

Postponing thought and action until options are limited.

## **agonizing**

Accumulating so much information that analyzing the options becomes overwhelming.

## **intention**

Choosing an option that will be both intellectually and emotionally satisfying.

## **desire**

Choosing the option that might achieve the best result, regardless of the risk involved.

## **avoidance**

Choosing the option that is most likely to avoid the worst possible result.

## **security**

Choosing the option that will bring some success, offend the fewest people, and pose the least risk.

## **synthesis**

Choosing the option that has a good chance to succeed and which you like the best.